

*“By freeing myself from dreams that didn’t come to fruition, by embracing the dreams that have, today I stand tall...”*



“It just seems that wherever I am, mothers always pull out pictures of their children, and they seem to manage it all so well,” says Susan.

With a life that had taken a shape that exceeded her wildest dreams, and two beautiful girls that she loves and love her back, Susan felt very enriched. However, her joy was soon to be increased with the arrival of Harriet, Jodie’s second daughter. Naturally, Jodie asked Susan to be her Godmother as well and this completed Susan’s dream of having three daughters.

“I am so grateful to be surrounded by wonderful women who amaze me, and three gorgeous Goddaughters who allow me to embrace motherhood in a different form. In many ways I share with the girls all that I would as if they were my own,” says Susan.

On top of that the *Be Free Habit Free* formula has become the child Susan never had. The formula is now her companion in her travels and opens the door for her to meet wonderful women all around the world.

“Looking back there was so much guilt I experienced in not becoming a mother. I remember apologising to my dear grandmother that she would never embrace my children. She said that she was just so pleased to have me in her life. My parents were also sad for a while, as they had hoped that I would have a child but they have come to realise that the children in my life are the angels that have enriched me in so many ways,” remembers Susan.

Susan is so glad the tears and heartache were replaced by her choice to concentrate on her strengths. She says that she wouldn’t be the woman she is today without that choice.

“I always believe choice provides clarity as you begin to honour the self, which leads to inspiration and confidence, which in turn gives you the energy that sitting on the fence takes away from you,” Susan states with passion. “I have learned that by concentrating on my strengths, and on the positive aspects of my life, I have been able to regain my confidence and begin the dance of a lifetime. By freeing myself from dreams that didn’t come to fruition, by embracing the dreams that have, today I stand tall and enjoy the freedom I have created for myself, a freedom I share with others who may be struggling with their lost dreams.”

Susan recalls that over time the happier she became the happier her family became, and the longing she had for children slowly went away.

“As I move through my 40’s with a smile on my face I am grateful to all the women who have touched my life and I encourage all women to concentrate on their strengths and what makes their heart sing,” says Susan.

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